



What do **extra pounds** mean for **your pet?**

Pet owners reported extra pounds on their cats and dogs during the pandemic. But the number of overweight and obese pets have been increasing long before. Here's a look at the very real impact extra pounds have on the pets we all love.



CAT

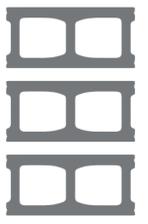


5 LBS OVERWEIGHT = 79 extra lbs for a human
(Equivalent to a person carrying around 9 one-gallon jugs of water)

10 LBS OVERWEIGHT = 167 extra lbs for a human
(Equivalent to a person carrying a dishwasher)



SMALL DOG (CHIHUAHUA)



2 LBS OVERWEIGHT = 26 extra lbs for a human
(Equivalent to a person carrying 5 bags of flour)

5 LBS OVERWEIGHT = 105 extra lbs for a human
(Equivalent to a person carrying three cinder blocks)

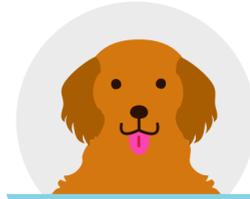


MEDIUM DOG (SPANIEL)



5 LBS OVERWEIGHT = 28 extra lbs for a human
(Equivalent to a person carrying a mountain bike)

10 LBS OVERWEIGHT = 56 extra lbs for a human
(Equivalent to a person carrying two car tires)



LARGE DOG (GOLDEN RETRIEVER)



15 LBS OVERWEIGHT = 35 extra lbs for a human
(Equivalent to a person carrying 3 sacks of potatoes)

30 LBS OVERWEIGHT = 63 extra lbs for a human
(Equivalent to a person carrying 2 three-year-olds on their back)

Number of overweight pups up **108.4%**

Banfield canine patients diagnosed as overweight or obese increased by 108.4% from 2011 to 2020.



Number of overweight cats up **114%**

Banfield feline patients diagnosed as overweight or obese increased by 114% from 2011 to 2020.



The risks of an *unhealthy weight*

Overweight & obese dogs are...

3.9x

more likely to be diagnosed with dermatological issues

3.7x

more likely to be diagnosed with endocrinological disorders like diabetes mellitus or hypothyroidism

2.4x

more likely to be diagnosed with respiratory conditions like COPD

3.1x

more likely to be diagnosed with orthopedic conditions like cranial cruciate ligament rupture

As compared with dogs of ideal weight in 2020

Overweight & obese cats are...

6.8x

more likely to be diagnosed with dermatological issues

3.5x

more likely to be diagnosed with respiratory conditions such as asthma and bronchitis

5x

more likely to be diagnosed with diabetes mellitus

3.9x

more likely to be diagnosed with urinary conditions such as urinary stones

As compared with cats of ideal weight in 2020

Make a Healthy Change

Talk to your veterinarian and together create a plan to move your pet toward an ideal weight. Calorie intake, food types, snacks and exercise will all come into focus. The solution isn't meant to be a quick overnight cure, but a lifelong change for the better.

